Give the hand of your intellect to BapDada and you will not fluctuate in the ocean of tests.

News from the subtle region at the time of offering bhog in the afternoon.

Today, when I went to the subtle region Brahma Baba met me like he used to meet me in the corporeal form. Baba said: "According to the hour of children's lunch time, you have come late." I replied: "Baba, your time of taking lunch was around 1.00 - 1.30 pm." Baba replied: "When Baba used to eat with the children, he would eat at the time the children would be having lunch. According to that time, you have come here a little late. Then Baba said to Brahma Baba: Take this." What did I see? Just as Baba would be sitting in his office on a chair and writing a letter, I saw that same pad and pencil. I was troubled to see all these things and wondered how they came in the subtle region. Then Baba gave me a letter written in his own writing. I read that and written in it was: "To the jewels of the eyes, the spinners of the discus of self-realisation, after giving love and remembrance, Baba is today meeting the children who are stable in the avyakt stage through the avyakt form." On another page was written: "Children, continue to go into the depth of the teachings that you have received from BapDada through the corporeal form. Now, do not forget and do not remember."

After farewell, there was also a signature like Baba used to sign. Baba said: "I even wrote a letter at the time I used to write and then I was waiting for the food." Then I fed Baba. Baba said: "Although the things come to the subtle region, the taste of the food of the yagya is very

good." Then Baba accepted the food. When I was coming here, Baba showed me a scene.. There was an ocean with very strong waves. Baba said: "Go to the middle of the ocean." I was a little afraid and wondered how I would go in the middle of such strong waves. Then, according to Baba's orders, I put my feet in the ocean. Wherever I placed my feet, the waves began to become calm and peaceful. Then I saw that both Bap and Dada placed small boats in. the middle of the ocean. Some boats disappeared when the waves of the ocean came to them. Some continued to rock about with the waves and some remained as they were. I remained busy in seeing this. Then that scene finished.

BapDada said: "Baba has created this game in a practical way. The children whose boat of their life is with the Father will not shake. You are now moving in the middle of the ocean of tests. So, the boat of life of those who have a connection, that is, who have their hand in BapDada's hand will neither shake nor sink. If you children continue to move along continuing this to be a play of the drama, you will not fluctuate. Those whose hand and company of the intellect is slack will continue to rock about. This is why children have to pay special attention to keep the hand of the intellect strongly in Baba's hand."

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